

# RACE DAY INFO

## FOR PARTICIPANTS

### Venue Location

Linnet Clough Scout Camp, Mellor, SK6 5NB

It is important to approach the Scout Camp from Mellor via Gibb Lane (otherwise you may get stuck on a bridleway). If routing via sat-nav, it is recommended to plot to the Devonshire Arms (307 Longhurst Lane, Mellor, Stockport SK6 5PP) and then re-route from there along Gibb Lane (or follow our signs from this point).

### An overview

The Questars Two-Day Event is a stage race comprising three race stages and one special stage held over two days.

As part of your entry, camping on Friday, 7 June and Saturday, 8 June is included along with a hot meal after the main events on Saturday and Sunday. Outside of these times, the Questars Café will have other food and drinks available to purchase including hot breakfasts on Saturday and Sunday morning (card payments should work, but it is always good to have cash in case).

Free hot drinks are available throughout the weekend and there is a hot water urn for any rehydrated meals that you wish to bring.

None of the sites have electric hook-up but we will have areas for charging (please bring your own cables).

For those who upgraded to our 'VIP' bunks, you will get your room allocation on arrival (just follow the registration signs to the main hall). A pillow, pillow case and fitted sheet are provided. Please bring your own sleeping bag and towel.

If camping, please check in with us upon arrival (just follow the registration signs to the main hall).

### Bike Storage

An outdoor area will be marked off and set aside for bike storage for the weekend. This will be staffed for the duration of the stages but not overnight. It is recommended that you bring a lock with you to place on your bike overnight.

## Timeline

A brief outline of the event timings is below and further details are included at the end of this document

### FRIDAY

- 1700 Event base opens
- 1800 Bar & Café open
- 2200 Bar & Café close

### SATURDAY

- 0600 Indoor halls open
- 0700 Breakfast and race pack collection opens
- 0900 Short stage one briefing
- 0930 Stage one start window opens for Masters racers
- 1030 Stage one start window opens for Novice and Duo racers
- 1500 Hot food service starts, bar and café open
- 1645 Latest finish time for stage one Masters, Novice and Duo
  
- 1700 Hot food service finishes
- 1715 Results from stage one posted in the hall and online
- 1800 Short stage two briefing
- 1900 Stage two start window opens for all
- 2130 Latest finish time for stage two
- 2130 Results from stage two posted in the hall and online
- 2300 Bar & Café close

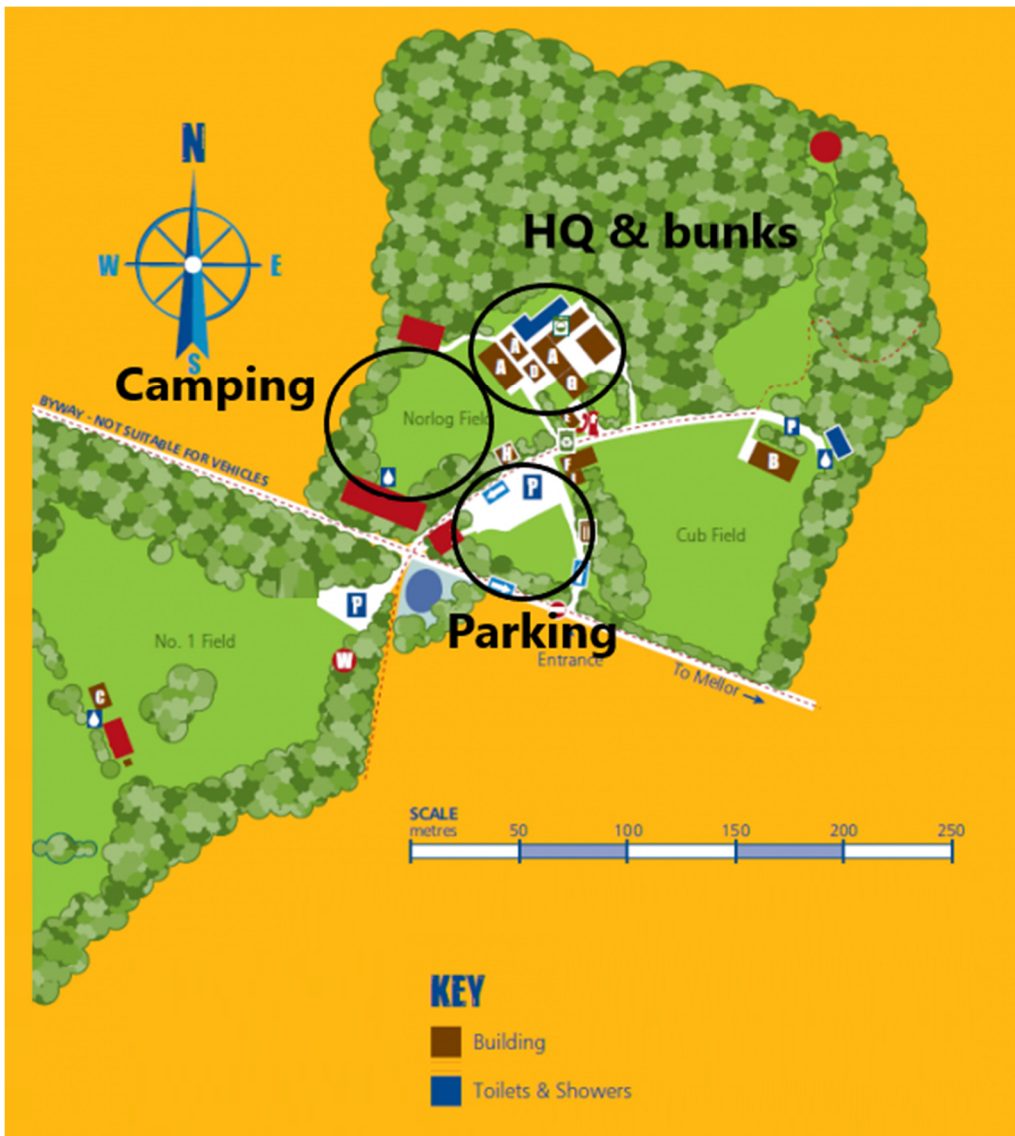
### SUNDAY

- 0500 Indoor halls open
- 0530 Breakfast opens
- 0650 Short special stage and stage three briefing
- 0700 Special stage opens with stage three starting immediately after for Masters and Duo racers
- 0800 Special stage opens with stage three starting immediately after for Novice racers
- 1030 Stage one start window opens for Novice and Duo racers
- 1200 Hot food service starts, bar and café open
- 1300 Latest finish time for stage three
- 1330 Final results and prize giving
- 1345 Final results posted online
- 1400 Hot food service finishes

## Car Parking

Please follow the event signage / marshals' instructions to the car parking area in the Scout Camp and follow signs and marshals' instructions on where to park. A map of the event base is included on the following page.

Please share transport if possible. If each team comes in one vehicle it'll be much kinder to the environment and you'll also be able to talk team tactics on the way/lament route choice on the way back!



## Event Base

All the following are located/will be available at the event base:

- Race pack collection
- Electronic timing card allocation and return
- Start / finish / transition point (run-bike)
- Toilets
- Showers
- Drinking water
- Event catering
- Indoor space (for briefing and prize giving)

**Cleated cycling shoes (e.g. SPDs) must not be worn inside the hall as they may mark/damage the floor.** Please remove before entering the hall or bring/wear other footwear.

## Race Pack Collection

Collect your race pack from the registration desk inside the hall on **Saturday morning**.

Each race packs contains...

- A copy of the course maps for stage one on waterproof paper for each team member
- Race number and pins (for each team member) – to be used for all stages
- Bike number and zip ties (for each team member) – to be used for all stages

## Entry Amendments

Your team details will be printed on the race registration start sheet. Check these carefully. If any of your team details have changed, please make the Questars' staff at registration aware.

## SI Card Allocation (Timing device)

After collecting your race pack, each person from the team will need to visit the front desk in the hall to be allocated with a SI card (timing device). **All team members need to be present to do this.** You need to keep this for the duration of the weekend – we can reattach this before stages if you need to take it off inbetween.

## Race Briefing

There will be race briefings before each stage. We plan to keep these short – around ten minutes for the first briefing and five minutes for subsequent briefings. The briefings will focus on the key/important things that are specific to the stage and any last-minute course amendments.

Things that remain the same for all Questars events won't be included in the race briefings on the day. This information can be found on the Questars website in the race details document. If this is your first Questars Adventure Race (or you haven't done one for a while), please **read it all carefully**.

Please also read everything on the Start List page carefully. There you will find further details about race numbers, kayak slot times, notes about the course, together with the course planner's guide (suggested time plan).

## First Aid

A professional medic will be in attendance at the event. The medic will provide first aid in serious cases which need immediate attention. All trivial medical needs should be dealt with yourself.

**Do not take unnecessary risks and end up having to go to A&E. It's better to hop off and push your bike rather than fall off and injure yourself.**

## Download

You must return to the download station at the end of each stage to download the data from your SI card.

It is **very important** that you do this as soon as you finish each stage. If you don't, we don't know that you are back safe and well.

When you download your SI card you will be given a printout showing the checkpoints you visited and your total score. **CHECK THIS CAREFULLY**. If anything on your printout is incorrect then you must inform us immediately i.e. BEFORE the prize giving.

## Withdrawing from the Race

**You must return your SI card (electronic timing device) to the front desk in the hall** if you withdraw/retire from the race. It is **very important** that you do this. If you don't, we don't know that you are back safe and well.

## EVENT TIMINGS

### Friday Evening

The event base will open from 5pm and the Questars Bar and Café will be open from 6pm to 10pm selling pizza, soft drinks and alcoholic beverages.

This is a great chance to meet fellow racers, ask any questions and pick up some last-minute racing tips!

### Saturday

The indoor halls will open from 6am and breakfast and race pack collection opens from 7am. The race pack will include maps for stage one. Please note, checkpoint descriptions and checkpoint values will be given out at the start, once your time has started.

There will be a short race briefing at 9am and the start window for the first stage opens at 9.30am.

Hot food will be provided from 3pm to 5pm (if you are going to miss this just let us know and we can keep food aside for you).

Results from stage one will be posted online around 5.15pm. Please note, prize-giving for those taking part in the one-day event will take place at 5pm, please support this if you can.

Maps for stage two will be available to collect at the end of stage one (at download).

There will be a short briefing at 6pm for stage two.

Stage two will start from 7pm. The leaders from stage one will start first at 7pm with the top-15 going off thereafter at one-minute intervals. All other racers can start at any time between 7.15 and 7.30.

Results from stage two will be posted around 9.30pm.

Maps for stage three will be available to collect at the end of stage two (at download).

The Questars Bar and Café will be open until 11pm.

### Sunday

The indoor halls will open from 5am and breakfast opens from 5.30am.

There will be a short race briefing at 6.50am and the start window for the optional special stage opens at 7am with the third stage starting immediately after.

For those in the Masters and Duo category, the leaders from stage one & two will start the special stage first at 7am with the top-15 going off thereafter at one-minute intervals. All other racers can start at any time between 7.15 and 8.

For those in the Novice category, the leaders from stage one & two will start first at 8am with the top-15 going off thereafter at one-minute intervals. All other racers can start at any time between 8.15 and 9.

Hot food will be provided from 12pm to 2pm.

Prize-giving for the two-day events will take place at 1.30pm (or as close to this as possible once all results have been verified).